

Since 2009

1,627 applicants

3 graduated classes

95 graduates

25 percent in Maine Residency Programs



TUSM MMC Maine Track Medical Degree 2015 PROGRAM REPORT

Class of 2013 UPDATE

Where is the Maine Track Class of 2013 now? Graduates of our first class have begun their third year of residency. Depending on their chosen specialty they may be interviewing for permanent positions in the coming year or they may have additional years of training ahead. What is known at present:

- 1 alumnus has recently signed on to practice Internal Medicine with Maine Medical Partners.
- 6 alumni are actively interviewing for Maine positions.
- 4 alumni have expressed interest in applying for Maine positions.
- 14 alumni are in residency programs longer than 3 years.
- 2 alumni are active military and will be delayed in returning to Maine.
- 2 alumni are pursuing fellowships.
- 1 alumnus is heading west.

Of the 30 alumni who responded to an informal survey, **60%** indicate a strong desire to stay or return to Maine for practice.

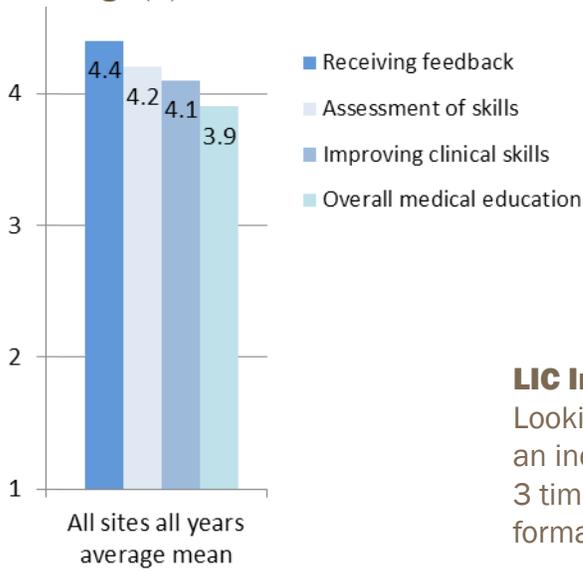
Maine Track Curriculum (Abridged)

		Year 1	Year 2	Year 3	Year 4		
Location	MMC	Orientation	Clinical Preceptorships	Clinical Preceptorships	Clinical Clerkship: Trad. or LIC	Clinical Prep for Residency	
	TUSM	Foundations: Classroom/Lab	Foundations: Classroom/Lab	Step 1 Board Exam		Step 2 Board Exam	
		Class of 2019		Class of 2018		Class of 2017	
						Class of 2016	
						Class of 2013, 2014, 2015	
						Residency: 3-year minimum	

56 percent pursuing primary care medicine specialties



LIC students rate their perceptions, compared to students in the block rotation: very much at a disadvantage (1) to very much at an advantage (5)



LIC Improves Continuity of Care Experience

Looking at all LIC sites in academic year 14-15, students estimated seeing an individual patient in separate health care experiences a minimum of 3 times but generally **7 – 10 times**. Compare this to the traditional block format where it is rare to see the same patient more than once.

Longitudinal Integrated Clerkship (LIC): Rural Primary Care Immersion

The Maine Track clinical system includes Maine Medical Center and rural hospitals and practices located in 45 towns throughout Maine. Together we have formed a new model of medical education tailored to meet the unique needs of rural medicine that ultimately improves the quality and patient safety components of the curriculum for medical students.

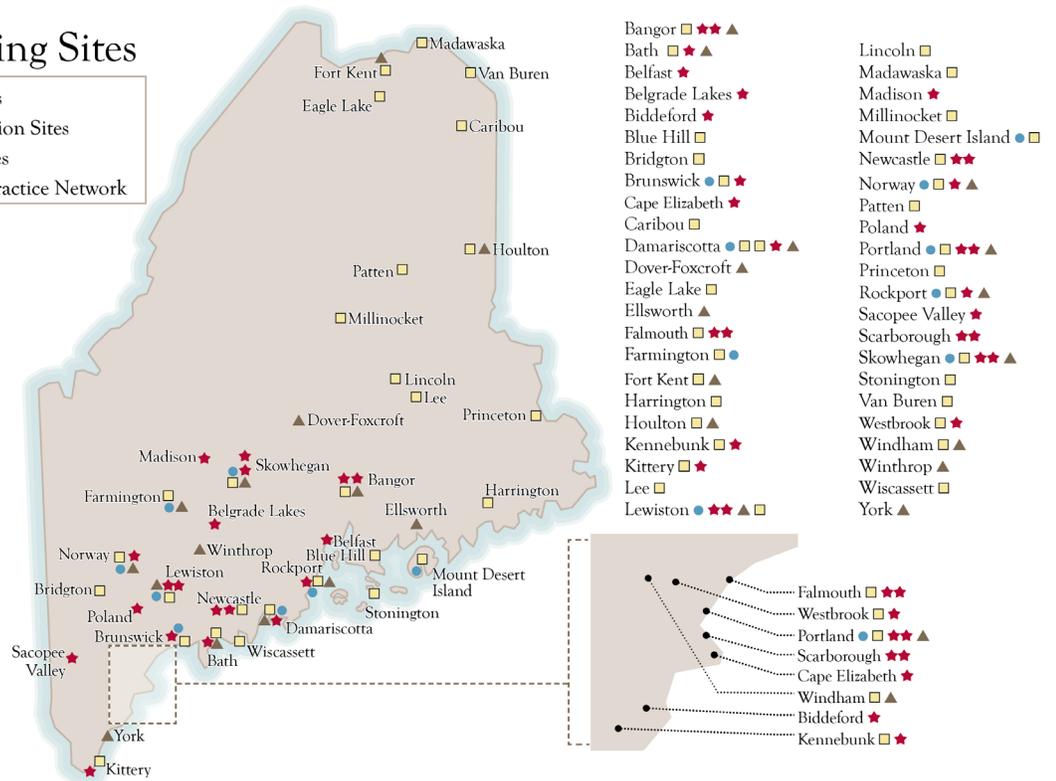
Students are exposed to rural medicine from day one. Incoming students' orientation sites span the state. They are followed by the Competency Based Apprenticeship in Primary Care (CAP) at the end of Year 1 and experiences become more immersive during the students' clerkship in Year 3.

During Year 3, students have the option to participate in the program's hallmark 9-month Longitudinal Integrated Clerkship (LIC), an

innovative training model most reflective of a true primary care experience. The LIC covers all six core clerkship disciplines by having students follow a personalized panel of patients as they move through out the healthcare system. Strong faculty guidance and mentoring paired with self-directed learning modules creates flexible educational programs tailored to the student's individual needs.

Teaching Sites

- LIC Sites
- Orientation Sites
- ★ CAP Sites
- ▲ Maine Practice Network



There were two main reasons why I decided to choose a career in internal medicine. The first is that **I had a unique chance to work with a group of internists over the course of nine months in a true “apprenticeship” model.** From seeing patients in the office to the hospital room to the ICU - they took ownership for the care of their patients in a model of delivering medicine that is becoming less and less common. The other reason is that **I realized what I enjoyed most about medicine is being at the bedside and building a relationship with my patients.** – Kenneth Chin, M15



On a professional front, this program has also allowed me to work hand-in-hand with doctors throughout the state. Not only is that learning invaluable, but **these relationships will go a long way once I am a practicing primary care doctor in the area** by giving me the utmost confidence as I refer my own patients to the very specialists who taught me. – Adam Normandin, M15

2015 Excerpts from Maine Track Student Reports

At the time I was choosing where I would go for medical school, I was torn. I could tell that Tufts/Maine Track was a fantastic program for me, and yet the cost of Tufts exceeded that of any other institution I had applied to. **Once the MMC Scholarship was offered to me, the choice was clear.** I am so grateful to have had the opportunity to discover my home state in a whole new way... Four years ago, I told my interviewer that I was interested in urban medicine. While that interest has continued, I now ask residency programs about their rural training experiences, telling them that by the end of residency, **I want to have the skills to be able to work in a rural community like Farmington so that I have the option of returning to Maine.** – Emily Frank, M15



I am so grateful to have received a Maine Track Scholarship. Decreasing the financial burden of medical school allowed me to focus on my training and find an area of medicine that I love, rather than worrying about my future compensation. **Having less debt coming out of residency will also allow me to come back to Maine to practice instead of looking for the highest salary available.** Thank you so much for your investment in my education; I look forward to caring for this community in the future. – Sarah Gray, M15

As part of Maine Track, we were able to come to Portland for the month of May and learn about health issues specific to Maine, as well as work in family practices around the state. This month has provided us with real clinical experience learning from patients and working in communities to solve problems specific to Maine. **This month has reinvigorated our class to keep pushing through those textbooks with the goal of bringing quality care back to home.**

– Danielle DiCesare, M18

I am so grateful for the support I have received over the past 3 years. **The more parts of Maine I get to serve as part of this program, the more I love the people of this state.** I am thankful that I've had the opportunity to earn a medical education in my home state.

– Megan McBurnie, M16

Class of 2015: Resident Match Day

The Maine Track Celebrates its 3rd Year of Excellent Results

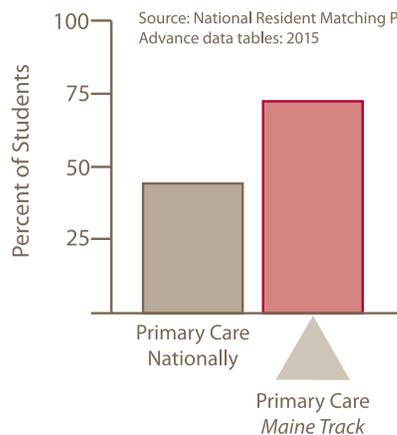


PRIMARY CARE AS CHOICE OF SPECIALTY

This is the third year that the program's graduates chose primary care (defined as family medicine, internal medicine or pediatrics) at a rate greater than the national average: 71% of Maine Track students (24 of 34) compared to 43% nationally. The next most popular residency specialty was surgically related at 15% (5 of 34).

National Comparison of Specialty Choice

Source: National Resident Matching Program. Advance data tables: 2015

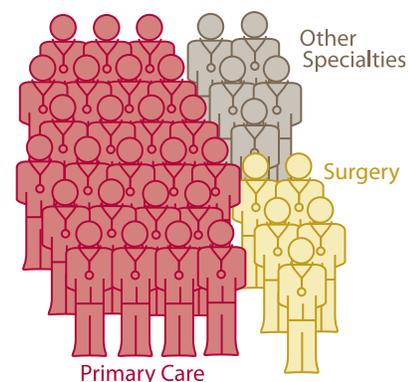


A MAINE HOSPITAL FOR CHOICE OF RESIDENCY

Maine Medical Center has become a top choice for residency. Roughly one-third of the Maine Track graduating class (10 students) will remain in Maine for their residency. This remains significantly greater than the 3-4 students on average that were retained when Maine Medical Center served as a clerkship site with other universities in the past. Additionally, Maine Medical Center ranks 11th for top residency choice by all Tufts students—a great testament to the program's success.

With another nine students matching within the other New England states, a combined 50% of the class, a total of 17 students, will stay within New England for their residency. This geographic proximity continues to bode well for the potential that these students will practice in Maine after they complete their training. Like our first two graduating classes, many have already voiced their desire to return post-residency.

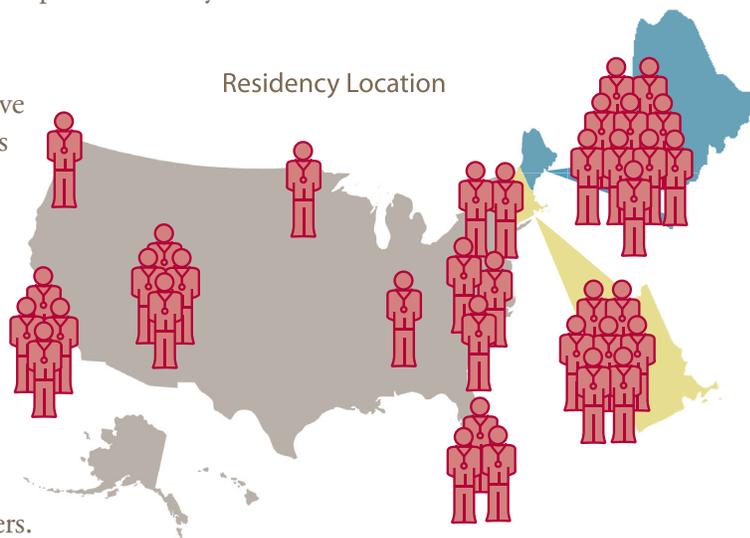
Choice of Specialty



EDUCATIONAL RESULTS THAT ARE COMPETITIVE NATIONALLY

For the third year in a row 100% of Maine Track students have received appointments in residency programs of choice and as many Maine Track students as traditional TUSM students were elected to the AOA (the medical school honor society), demonstrating achievement above even TUSM's high standards. These considerations, along with the caliber of residency program where the students are matched, are a strong indicator of the Maine Track program's academic success. In addition to MMC, Maine Track students will again be in prestigious programs such as Brown University Program at Rhode Island Hospital, Duke University Medical Center, Mayo School of Medicine at Mayo Clinic, among others.

Residency Location



TUSM MMC Maine Track Medical Degree Program: To create a new pipeline of physicians with robust skills in, and understanding of, the practice of rural medicine. And, to encourage these new physicians to practice here in Maine, particularly as primary care physicians in our underserved rural communities.

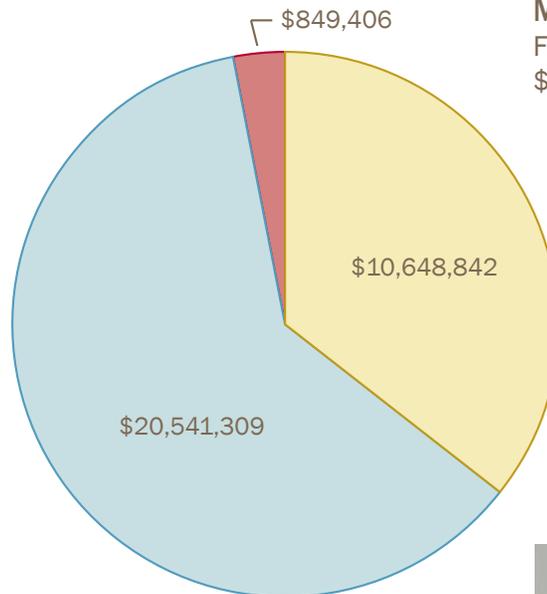
2015 Scholarship Standings

Central to fulfilling the Maine Track mission is to offer Maine's brightest students the financial means to pursue a career in medicine. This is accomplished by subsidizing half the tuition (\$25,000/year) of 20 Maine students in each class through scholarships. **That works out to a savings of \$100,000 for each recipient, enough to reduce the pressure that might otherwise lead them to choose a higher paying specialty than primary care or a more affluent area than a rural state like Maine can offer.**

When forming the Maine Track Program, Maine Medical Center and Tufts University School of Medicine took on the responsibility of underwriting these scholarships through philanthropic support. Each year the Maine Track Program provides \$2,000,000 in tuition support (80 scholarships at \$25,000 each) through outright and endowed scholarship funds to support the 20 recipients in each of the four class years.

Ultimately, the goal is to raise \$40,000,000 in endowed funds to sustain these 80 program scholarships for Maine's future. We are more than halfway there with over \$20 million of endowment funding in place. Concurrent to our focus on securing endowment donations, we continue to pursue outright donations for current scholarship requirements. To date, 314 philanthropic partners have joined this visionary effort. This includes the following new and renewed named scholarship funds in the Class of 2019:

- Dr. Richard & Mrs. Bonnie Anderson Scholarship Fund
- Bank of America Scholarship Fund
- Bingham Scholarship Fund
- President George H.W. & Mrs. Barbara Bush Endowed Scholarship Fund
- Doctors for Maine's Future Program (supporting 4 students)
- William V.K. & Elizabeth M.K. Fletcher Endowed Scholarship Fund
- Richard & Rakia Hatch Endowed Scholarship Fund (supporting 2 students)
- Dr. Anthony & Ophelia Lepore Endowed Scholarship Fund
- Selma Pluznick Endowed Scholarship Fund



Maine Track Medical Degree Program
Funds Secured as of September 2015
\$32,039,557



For more information or to support a student in the Maine Track Program, please visit our website at www.mmc.org/mainetrack or contact the Maine Medical Center Development Department at (207) 662-2669.